



# DRINKS MENU

## SIGNATURE DRINKS

### HIBISCUS ROSE LATTE

30 AED



### VEGAN PB CARAMEL

35 AED



### ALMOND HOT COCOA

32 AED



### GOLDEN MILK TURMERIC

30 AED



## HOT DRINKS

|               |           |
|---------------|-----------|
| Espresso      | 16/19 AED |
| Americano     | 20 AED    |
| Cortado       | 20 AED    |
| Flat White    | 23 AED    |
| Cappucino     | 22 AED    |
| Café Latte    | 24 AED    |
| Spanish Latte | 27 AED    |
| Café Mocha    | 25 AED    |
| Matcha Latte  | 30 AED    |

## POUR OVER

|        |        |
|--------|--------|
| V60    | 28 AED |
| Chemex | 28 AED |



## MOJITOS

|                             |        |
|-----------------------------|--------|
| Classic Lemon & Mint Mojito | 25 AED |
| Passion Fruit Mojito        | 27 AED |
| Strawberry Mojito           | 27 AED |
| Berry Blast Mojito          | 30 AED |

## JUICES

|                    |        |
|--------------------|--------|
| Crystal Detox      | 25 AED |
| Beet Blushed       | 25 AED |
| Fresh Orange Juice | 25 AED |

## OVER ICE

|                    |        |
|--------------------|--------|
| Espresso Freddo    | 20 AED |
| Iced Americano     | 20 AED |
| Iced Latte         | 25 AED |
| Iced Mocha         | 27 AED |
| Iced Spanish Latte | 27 AED |
| Iced Matcha        | 30 AED |



## FRAPPES

|                        |        |
|------------------------|--------|
| Mocha Frappe           | 30 AED |
| Tiramisu Frappe        | 35 AED |
| Vanilla Caramel Frappe | 30 AED |

## MILKSHAKES

|                      |        |
|----------------------|--------|
| Vanilla Milkshake    | 28 AED |
| Chocolate Milkshake  | 28 AED |
| Oreo Milkshake       | 28 AED |
| Strawberry Milkshake | 28 AED |

## SMOOTHIES

|                |        |
|----------------|--------|
| Caribbean Kiss | 25 AED |
| Raspberry Love | 25 AED |
| Green Goddess  | 25 AED |
| Sunrise Detox  | 25 AED |
| Amazona Power  | 25 AED |



# FOOD MENU

## THE FRESH SPECIALS

### AVO GLOW POT — 41 AED

Creamy avocado blended with savoury yoghurt, lemon, and chia, topped with berries, housemade granola and honey.

### AVO & CHEESE MELT — 43 AED

Fresh avocado with melted cheese, cucumber, tomato, and rocket leaves in panini bread.

### THE CLASSIC AVO — 39 AED

Perfectly toasted sourdough bread topped with creamy mashed avocado with lemon and coriander, finished with a sprinkle of olive oil and chilli flakes.

### AVO TEMPEH STACK — 47 AED

Toasted ciabatta filled with smoky tempeh layered with greens, tomato, avocado, gherkin and topped with housemade pesto.

### GARDEN AVO SANDWICH — 43 AED

Toasted ciabatta filled with creamy green hummus, topped with tomato, cucumber, mixed greens and a drizzle of pesto dressing.

## BRUNCH & ALL-DAY BREAKFAST

### BUILD YOUR OWN AÇAÍ BOWL — 49 AED

Pure açai topped with your choice of fresh fruits and chia seeds with honey. Pick three from the toppings below, or additional at extra charge.

Choose three: blueberries, kiwi, strawberry, banana, dried cranberries, almond flakes

Extra charge: raspberries, blackberries (+8 AED)

### OVERNIGHT BISCOFF OATS — 41 AED

Overnight oats with creamy Biscoff and Greek yoghurt, topped with honey, fresh fruit and a whole Biscoff biscuit.

### GREEN GODDESS PITA — 39 AED

Our signature green hummus blended with avocado, cashew, herbs, tahini, served in a warm Greek pita topped with avocado and olive oil.

### BERRY BLISS PARFAIT — 43 AED

Parfait with layers of Greek yoghurt, berries and a drizzle of honey.

### THE FRESH GRANOLA BOWL — 43 AED

Greek yoghurt topped with housemade crunchy granola, strawberries, blueberries, and honey.

### MANGO COCONUT CHIA — 41 AED

Chia pudding made with coconut milk, layered with mango purée, topped with berries and coconut flakes.

### SWEET MORNING PANCAKES — 43 AED

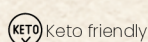
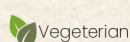
Fluffy pancakes layered with berry compote and topped with mixed berries and toasted banana slices, with chocolate sauce on the side.

### SAVOURY LOADED PANCAKES — 45 AED

Warm savoury pancakes layered with bell pepper house sauce and topped with avocado, tomatoes, sweetcorn, greens and agave syrup on the side.



### THE CLASSIC CREPE — 43 AED



Delicate crepe served with berry compote and toasted banana slices on the inside and topped with fresh fruit and chocolate sauce on the side.







## WRAPS & PRESSED SANDWICHES



Choose bread: ciabatta or tortilla



**THE HONEST FALAFEL**   \_\_\_\_\_ 43 AED  
Housemade falafel, tomato, cucumber, pickles, mint and tahini sauce.



**THE GREEN GRILL**   \_\_\_\_\_ 43 AED  
Tortilla wrap filled with grilled vegetables with avocado, spinach, feta and creamy cilantro dressing.  
(Cannot be changed to ciabatta.)



**HALLOUMI & HERB**   \_\_\_\_\_ 47 AED  
Grilled halloumi with cucumber, tomato and mint topped with housemade pesto dressing.

**PERI-PERI TOFU**   \_\_\_\_\_ 43 AED  
Spiced tofu with bell peppers, cheese, and peri-peri dressing.

**BUFFALO CRUNCH**   \_\_\_\_\_ 45 AED  
Crispy plant-based housemade tenders tossed in buffalo sauce with cabbage slaw, tomato, topped with garlic mayo.




**PANEER TIKKA MELT**   \_\_\_\_\_ 43 AED  
Grilled marinated paneer with tomato, onion, coriander and spicy mayo.




**PESTO VEG MELT**   \_\_\_\_\_ 45 AED  
Grilled mix of vegetables layered on a pesto base and topped with melted cheese and peri-peri sauce.


**CAPRESE FRESH**   \_\_\_\_\_ 49 AED  
Spicy mayo base topped with buffalo mozzarella, tomato, spinach, and pesto.


## SALADS



Choose sauces: kiwi sauce, chilli lime sauce, chipotle, buffalo sauce, peri-peri mayo, tahini, creamy cilantro, pesto, lemon mayo mustard or lemon pomegranate.

**TEMPEH CRUNCH SALAD**    \_\_\_\_\_ 51 AED  
Mixed green leaves with edamame, cauliflower, sunflower seeds, black sesame, cucumber and grilled tempeh.

**KETO FAJITA SALAD**    \_\_\_\_\_ 35 AED  
Bell peppers, avocado, cucumber, cherry tomatoes, onions and feta.

**BUDDHA GARDEN SALAD**  \_\_\_\_\_ 49 AED  
Barley, tofu, mushrooms, lettuce, bok choy, pickles and sesame.

**THAI-MAI**  \_\_\_\_\_ 47 AED  
Green papaya, carrot, cucumber, cherry tomatoes, coriander, sprouts, Holland chilli topped with crushed peanuts.



**CRISPY BUFFALO SALAD**   \_\_\_\_\_ 43 AED  
Lettuce topped with crispy plant-based housemade tenders tossed in buffalo sauce, quinoa, cabbage, and cherry tomatoes.



## POWER BOWLS

Choose sauces: kiwi sauce, chilli lime sauce, chipotle, buffalo sauce, peri-peri mayo, tahini, creamy cilantro, pesto, lemon mayo mustard or lemon pomegranate.

**WARM BUDDHA BOWL**   \_\_\_\_\_ 47 AED  
Quinoa, crispy tofu, mushrooms, bok choy and pickled slaw.



**FREEKEH FALAFEL BOWL**   \_\_\_\_\_ 45 AED  
Kale and lettuce base topped with freekeh rice, falafel, cucumber, tomato, pickles, fresh mint.

**ROASTED CAULIFLOWER BOWL**   \_\_\_\_\_ 43 AED  
Kale topped with roasted cauliflower, feta, cucumber, sun-dried tomatoes, croutons.



**SWEET EARTH BOWL**   \_\_\_\_\_ 45 AED  
Spinach and kale base topped with crispy plant-based housemade tenders, roasted and spiced sweet potato, cherry tomatoes, feta and dates.



## PASTA

Choose pasta: penne, spaghetti or fusilli

**CREAMY ALFREDO**   \_\_\_\_\_ 47 AED  
Penne pasta folded through parmesan creamy sauce with mushrooms, corn, and green peas.

**FRESH TOMATO BASIL PASTA**   \_\_\_\_\_ 45 AED  
Fusilli pasta in tomato sauce with broccoli, baby corn, mushrooms, basil, and parmesan.



**PESTO CREAM PASTA**   \_\_\_\_\_ 53 AED  
Fusilli pasta in housemade creamy pesto, topped with parmesan and basil leaves.



**PINK SAUCE PASTA**   \_\_\_\_\_ 47 AED  
Penne with a balanced blend of tomato and cream with parmesan and parsley.

## PIZZA



Choose size: medium or large



**FRESH STORY MARGHERITA**   \_\_\_\_\_ 50/65 AED  
Tomato base topped with fresh burrata, oregano, basil leaves and a drizzle of olive oil.



**GARDEN VEGETABLE PIZZA**   \_\_\_\_\_ 50/65 AED  
Tomato base topped with melted cheese, mushrooms, bell peppers, onions, corn, jalapeños, black olives and a drizzle of chipotle sauce.



**NO-MEAT FEAST PIZZA**   \_\_\_\_\_ 50/65 AED  
Tomato base topped with melted cheese, crispy plant-based housemade tenders, zucchini, bell peppers, onions. Finished with a drizzle of chilli oil and parmesan.

## TACOS



**PANEER TIKKA TACO**   \_\_\_\_\_ 45 AED  
A pair of soft tacos filled with chopped grilled marinated paneer, avocado, tomatoes, onions, pickled jalapeños and drizzled with spicy mayo and cilantro.



**BUFFALO TACO**   \_\_\_\_\_ 43 AED  
A pair of soft tacos filled with crispy plant-based tenders tossed in buffalo sauce, chopped gherkins, bell peppers, avocado, and buffalo sauce.



**JACKFRUIT TACO**   \_\_\_\_\_ 41 AED  
A pair of soft tacos filled with fried jackfruit tenders, feta, mushrooms, rocket, gherkins and housemade peri-peri.

**VEGGIE QUESADILLA**   \_\_\_\_\_ 43 AED  
Toasted tortilla filled with mixed cheese, grilled mushrooms, peppers, onions and served with sour cream and tomato salsa on the side.


## BURGERS & FRIES

**THE KATSU BURGER**   \_\_\_\_\_ 53 AED  
Crispy katsu-style plant-based patty layered with cheese, tomato, lettuce, gherkins, and spicy house sauce served in a soft bun.

**TRUFFLE MUSHROOM BURGER**   \_\_\_\_\_ 53 AED  
Juicy mushroom patty layered with slaw, gherkins, cheese, garlic mayo and truffle oil served in a soft bun.

**CHARCOAL BURGER**   \_\_\_\_\_ 51 AED  
Charcoal bun filled with crispy mushroom patty layered with gherkins, cheese, tomato, lettuce, and spicy mayo.

**SWEET POTATO FRIES**  \_\_\_\_\_ 25 AED  
Crisp on the outside, soft inside.

**CRINKLE CUT FRIES**  \_\_\_\_\_ 22 AED  
Golden, crunchy, and perfectly seasoned. Customise to add spicy herbs.



# DESSERT MENU

## THE FRESH SPECIALS

### KETO CHOCO VANILLA CAKE 31 AED

A decadent vanilla cake, enrobed in a rich chocolate coating and adorned with a crushed hazelnut topping.

### KETO CARROT CARAMEL CAKE JAR 31 AED

A rich-flavored carrot sponge, filled with cream cheese and garnished with caramel.

### KETO CHOCOLATE MOUSSE 29 AED

A rich chocolate sponge cake accompanied by a decadent chocolate mousse.

### AVOCO FUDGE SLICE CAKE 33 AED

A decadent chocolate fudge complemented by an avocado chocolate buttercream and finished with a delicate chocolate dust.

## KETO CAKES & TARTS

### PERFECT CHOCOLATE 31 AED

A rich chocolate dessert with smooth cream and roasted hazelnut.

### KETO PISTACHIO FINGER 35 AED

Chocolate and cream layered with pistachio, almond and cocoa.

### ALMOND COOKIE CREAM 29 AED

Classic almond choux pastry filled with smooth cream.

### PISTACHIO COOKIE CREAM 33 AED

Light choux pastry filled with pistachio cream.

### KETO PECAN BROWNIE 27 AED

Rich chocolate brownie made with almond flour.

### MATCHA COCONUT CAKE 35 AED

A light almond and matcha-infused cake bar, layered with chocolate ganache and matcha cream and topped with coconut powder.

### KETO TIRAMISU 29 AED

Layers of coffee-soaked sponge with cocoa, chocolate and cream finished with a dusting of cocoa.

### KETO ALMOND CAKE 25 AED

A soft almond cake with housemade keto syrup.

## KETO CHEESECAKES

### STRAWBERRY CHEESECAKE 31 AED

Creamy cheesecake with almond base and topped with strawberry jam and fresh strawberries.

### BLUEBERRY CHEESECAKE 33 AED

Creamy cheesecake with almond base and topped with blueberry jam and fresh blueberries.

### MIXED BERRY CHEESECAKE 33 AED

Creamy cheesecake with almond flour base and topped with berry jam and mixed berries.

## KETO ÉCLAIRS

**CUSTARD ÉCLAIR**    \_\_\_\_\_ 29 AED  
Almond pastry filled with smooth custard cream.



**CHOCOLATE ÉCLAIR**    \_\_\_\_\_ 29 AED  
Almond pastry filled with rich chocolate cream.



**PISTACHIO ÉCLAIR**    \_\_\_\_\_ 31 AED  
Almond pastry filled with smooth pistachio cream.



**ALMOND ÉCLAIR**    \_\_\_\_\_ 29 AED  
Almond pastry filled with light roasted almond cream.



**HAZELNUT ÉCLAIR**    \_\_\_\_\_ 29 AED  
Almond pastry filled with roasted hazelnut cream.

## PROTEIN BITES

**VIBE SEEDS**   \_\_\_\_\_ 12 AED  
A blend of dates, almonds, peanuts, pumpkin, coconut flakes, flax seeds, chia seeds, matcha powder, spirulina and vegan protein powder.

**PURELY PEANUT BITES**   \_\_\_\_\_ 10 AED  
A combination of dates, roasted peanuts and vegan protein powder.

**ALMOND POWER BITES**   \_\_\_\_\_ 11 AED  
Dates blended with almonds, cocoa powder and vegan protein powder.




**COCO FUEL BITES**   \_\_\_\_\_ 12 AED  
A combination of dates, almonds, cocoa powder, coconut flakes, vegan protein powder and dark chocolate.




## KETO DONUTS

**CHOCOLATE DONUT**    \_\_\_\_\_ 29 AED  
Almond flour donut topped with dark chocolate.



**CLASSIC ORIGINAL DONUT**    \_\_\_\_\_ 29 AED  
Almond flour donut topped with white chocolate.

**PISTACHIO DONUT**    \_\_\_\_\_ 29 AED  
Almond flour donut finished with chocolate and pistachio.



**ALMOND DONUT**    \_\_\_\_\_ 29 AED  
Almond flour donut finished with almond butter and toasted almonds.



**PEANUT DONUT**    \_\_\_\_\_ 29 AED  
Almond flour donut topped with peanut butter and roasted peanuts.


## EGGLESS DONUTS



**WHITE CHOCOLATE AND PISTACHIO**   \_\_\_\_\_ 21 AED  
Soft donut made with vegan flour, filled with pistachio cream and topped with white chocolate and roasted pistachios.

**ROASTED ALMOND CARAMEL**   \_\_\_\_\_ 16 AED  
Soft donut made with vegan flour, filled with caramel cream and topped with roasted almonds.

**CHOCO BUENO**   \_\_\_\_\_ 16 AED  
Soft donut made with vegan flour, filled with Nutella and topped with milk chocolate and Kinder Bueno.

**CHOCO BISCOFF**   \_\_\_\_\_ 15 AED  
Soft donut made with vegan flour, filled with Biscoff cream and topped with milk chocolate and Lotus Biscoff crumbs.

**CHOCO CINNAMON SUGAR**   \_\_\_\_\_ 15 AED  
Soft donut filled with Nutella and topped with cinnamon and sugar mix.

**CHOCO VANILLA DONUT**   \_\_\_\_\_ 16 AED  
Soft donut filled with custard and topped with chocolate and crushed hazelnuts.